

Physical Therapy

Revised November 2019

Definition

Physical Therapy (PT) is treatment to prevent, alleviate, or compensate for movement and/or mobility impairments, motor dysfunction, and related functional problems resulting from physical injury or illness. It uses physical agents, mechanical methods/devices, and other remedial treatments to restore or improve functioning. The service includes evaluation, therapy sessions, and consultation with caregivers or service providers.

Physical Therapy funded by HASCI Waiver is an Extended State Plan Service. Medicaid State Plan provides medically necessary Private Rehabilitative Therapy and Audiological Services to children under age 21 years. This includes Physical Therapy. The HASCI Waiver makes the same benefits available to adults age 21 years and older.

See the SCDHHS *Provider Manual for Private Rehabilitative Therapy and Audiological Services* for additional information.

Can be accessed via the SCDHHS website: www.scdhhs.gov.

Service Unit

PT Evaluation	one unit equals one (1) evaluation
Therapy Session/Consultation	one unit equals fifteen (15) minutes

Refer to the current HASCI Waiver rate table for reimbursement amounts.

Can be accessed via the SCDDSN Application Portal >Business Tools >Forms >HASCI Waiver

Service Limit / Restrictions

Physical Therapy funded by HASCI Waiver may be provided only if an adult participant age 21 years or older is unable to access or has exhausted Medicaid State Plan benefits under Hospital Services, Physician's Services, and Home Health Services. The participant must demonstrate progress/improvement to continue services.

The limit for combined total units of medically necessary Occupational Therapy, Physical Therapy, and Speech and Hearing Services is 420 units (105 hours) per State fiscal year. If additional units are medically necessary, the provider can request them through KePRO, the QIO contracted by SCDHHS. This must be pursued before a request can be made through the HASCI Waiver.

Providers

Physical Therapy funded by HASCI Waiver must be provided by an individual, agency, or company enrolled with SCDHHS as a provider of Physical Therapy Services.

Arranging and Authorizing the Service

If a HASCI Waiver participant requests physical therapy, the Waiver Case Manager must first assist him or her to access it from other available resources, including private insurance, Veterans Administration, Workers Compensation, SC Vocational Rehabilitation Department, and Medicaid State Plan (Hospital Services, Physician's Services, or Home Health Services).

The Waiver Case Manager must document in Case Notes efforts to obtain the needed services through other resources available to the participant. If not available from other sources, Physical Therapy funded by HASCI Waiver can be pursued. The need must be clearly documented in the participant's Support Plan, including the specific physical, motor, and mobility difficulties the participant is experiencing.

Initially, a PT Evaluation must be arranged and authorized (unless not needed because there is already a current evaluation).

The participant's Support Plan must be updated to clearly reflect the name of the service and payer, the amount, frequency and duration of the service, and provider type(s). In order to update the Support Plan, the Waiver Case Manager will request approval from the SCDDSN Waiver Administration Division.

Upon approval, service information must be entered into the Service Tracking System (STS) by the Waiver Case Manager.

Following Support Plan approval, the participant or representative must be offered choice of provider. Offering of provider choice and the provider selected must be clearly documented in a Case Note.

To initiate the service following approval by the Waiver Administration Division, an electronic authorization must be completed and submitted to the chosen provider.

When the PT Evaluation is completed, therapy sessions and/or consultation with the participant's caregivers or service providers may be recommended. If the participant wishes to pursue these, they must be authorized consistent with the PT Evaluation. The participant's Support Plan must be updated to clearly reflect the name of the service and payer, the amount, frequency and duration of the service, and provider type(s). In order to update the Support Plan, the Waiver Case Manager will request approval from the SCDDSN Waiver Administration Division.

Upon approval, service information must be entered into the Service Tracking System (STS) by the Waiver Case Manager.

To initiate the service following approval by the Waiver Administration Division, an electronic authorization must be completed and submitted to the chosen provider. Services must be authorized annually at the time of the Support Plan, and as changes are made to the service throughout the plan year.

If the PT Evaluation recommends specific equipment, assistive devices, or fabrication of splints, braces, or orthotics for the participant, these may be requested under Supplies, Equipment and Assistive Technology funded by the HASCI Waiver if no other funding source is available.

Billing

Physical Therapy must be Direct-billed to SCDHHS. This must be indicated on the authorization.

Monitorship

The Waiver Case Manager must monitor the effectiveness, frequency, duration, benefits, and usefulness of the service along with the participant's/family's satisfaction with the service. Monitoring may be completed with the participant, representative, service providers, or other relevant entities. Information gathered during monitoring may lead to a change in the service, such as an increase/decrease in units authorized, change of provider, change to a more appropriate service, etc. DDSN recommends that the Waiver Case Manager monitors this service when it begins and as changes are made.

Monitoring must be conducted as frequently as necessary in order to ensure:

- the health, safety and well-being of the participant;
- the service adequately addresses the needs of the participant;
- the service is being furnished by the chosen provider in accordance with the authorization, relevant policies and quality expectations;
- the participant/representative is satisfied with their chosen provider(s).

Some questions to consider during monitorship include:

- Is the service being provided as authorized?
- Is the participant satisfied with the service and with the chosen provider?
- Does the service need to continue at the level at which it has been authorized?

Monitoring contacts, face-to-face visits, and review of the participant's Support Plan must be documented in Case Notes.

Service Denial, Reduction, Suspension, and Termination

If a HASCI Waiver participant is denied a service that was requested or denied an increase in units of a service already authorized, the Waiver Case Manager must provide written notification to the participant or legal guardian, including reason for denial. Information concerning SCDDSN Reconsideration and SCDHHS Appeal must also be provided.

If a participant's authorized units of a HASCI Waiver service must be reduced, temporarily suspended, or indefinitely terminated, the Waiver Case Manager must provide written notification to the participant or legal guardian, including reason for the action. Information concerning SCDDSN Reconsideration and SCDHHS Appeal must also be provided.

Except when the action was requested by the participant or legal guardian or if the action is due to the participant's death, admission to a hospital or nursing facility, or loss of Medicaid and/or HASCI Waiver eligibility, there must be at least 10 calendar days between the date of notification and effective date of the action.

Written notification to the participant or legal guardian is made using the following forms, which are also used to notify each affected service provider of the action:

- *Notice of Denial of Service* (HASCI Form 11C)
- *Notice of Reduction of Service* (HASCI Form 11A)
- *Notice of Suspension of Service* (HASCI Form 11B)
- *Notice of Termination of Service* (HASCI Form 11)

Can be accessed via the SCDDSN Application Portal>Business Tools>Forms>HASCI Waiver.

When the action becomes effective, the participant's Support Plan must be updated. Budget information in the Waiver Tracking System (WTS) must be adjusted accordingly.

Service information in the Service Tracking System (STS) must be updated by the Waiver Case Manager as necessary.