

**South Carolina Department of Disabilities and Special Needs  
Self-Administration of Medication Assessment - Sublingual**

<b>Consumer Name:</b>		<b>Residence/Site:</b>		
Assessment time	Assessor	Title	Date	
1				
2				
3				
<p><b>SCORING:</b> If the individual can complete the task independently (without verbal prompts or manual assistance), place a 'Y' in the assessment results column. If the individual cannot complete the skill or requires verbal or manual guidance, place a 'N' in the assessment results column. <b>An individual is not considered 'independent' in self-administration of sublingual medications unless all items are rated as 'Y'.</b></p>				
<p align="center"><b>Does the individual complete the following steps independently (without verbal prompts or manual assistance)? Record a Yes ('Y') or No ('N') in the appropriate column.</b></p>				
<b>Item</b>		<b>Assessment Time</b>		
<b>FOR SUBLINGUAL MEDICATION</b>		<b>1</b>	<b>2</b>	<b>3</b>
<b>Preparation:</b>				
Recognizes the time the medication is to be taken (e.g., tells time; associates with a particular activity, etc.)				
Identifies when medications need to be reordered and notifies appropriate person OR a system is in place to support the individual in re-ordering medication				
Washes hands				
Recognizes correct medication container(s)/bottle(s)/blister pack(s)/medication organizer				
Identifies the purpose of the medication				
Identifies the most common side effects of the medication				
Identifies that the medication is taken by placing it under the tongue and not swallowed				
Identifies who to contact if problems with medication occur				
Opens the correct container(s) /compartment				
Removes the correct dose from the container(s)/bottle(s)/blister pack(s)/compartment independently and places it in a medication cup.				
Closes the medication containers				
Returns the medication containers to the appropriate storage space				
<b>Taking the medication:</b>				
Places medication under the tongue				
Keeps medication under the tongue until completely dissolved				
Documents medications taken on Medication Administration Record (MAR)				
Washes hands				
<b>Clean up:</b>				
Disposes of medication cups in appropriate receptacle				
Wipes off counter				
Returns MAR to proper location				