

**EVEN A MINOR DISABILITY CAN CHANGE YOUR LIFE AND YOUR FAMILY'S LIFE FOREVER.**

## **Have You Ever Thought About What It Would Be Like To Have a Disability?**

- Think "people first" when talking to or about someone with a disability. Say "a person with a disability" rather than "a disabled person."
- Make friends with someone who has a disability or special need.
- Volunteer with an organization, program or camp for people with disabilities, or with the Special Olympics.
- Pretend for a while that you have a disability. Try to think about what challenges you would face and how you would like for others to treat you.
- Look for ways to make your home, office, church or synagogue more accessible for people with disabilities.

To learn more about services for people with disabilities and how you can help, contact:

**The Office of Community Education  
SC Department of Disabilities and Special Needs  
Telephone: 803 / 898-9743  
V/TTY: 803 / 898-9600**

