



South Carolina
Department of Disabilities
and Special Needs

# RESOURCE GUIDE

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**Please note** that SCDDSN is not responsible for determining or ensuring eligibility for other programs. Eligibility criteria and determinations for external programs are managed independently by the respective agencies or organizations.

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Inclusion of a resource should not be construed as endorsement by DDSN or any official SC State agency.

#### **AMPLIFY LIFE**

https://scedp.sc.gov/

Amplify Life is a free program that provides equipment such as specialized phones, cell phone accessories, alerting devices, and tablets for South Carolina residents who have trouble hearing or speaking on the phone.

1-877-225-8337 (voice)/1-877-889-8337 (TTY)

## ASSISTIVE TECHNOLOGY PROGRAM (SCATP)

www.sc.edu/scatp/

The South Carolina Assistive Technology Program (SCATP) is a federally funded program concerned with getting technology into the hands of people with disabilities. They provide a device loan and equipment exchange program, training and technical assistance.

1-803-935-5263 / 1-800-915-4522

## CAROLINA FAMILY SERVICES (UPSTATE)

https://carolinafamily.org/

Carolina Family Services provides services ranging from in-home community support services to outpatient therapy and medication management. Services include: Outpatient Counseling, Psychiatric Services, Rehabilitative Behavioral Health Service, and School Based Program.

1-864-283-0637

## CENTER FOR DISABILITY RESOURCES (CDR): LIBRARY PROJECT

https://uscmed.sc.libguides.com/cdr/library

Center for Disability Resources (CDR) provides books, videos, brochures, and audiotapes covering a variety of disability-related topics that can be checked out.

1-803-935-5231

### CENTER FOR PARENT INFORMATION AND RESOURCES (CPIR)

https://www.parentcenterhub.org/cpir-resource-library/

Center for Parent Information and Resources library is rich with resources that have been selected to support the work of Parent Centers. The library contains articles, fact sheets, training materials, webinars, and videos that can be checked out.

1-973-642-8100

# SC STATEWIDE INDEPENDENT LIVING COUNCIL (SILC)

https://scsilc.com/wp/sc-centers-for-independent-living/

Use link to determine your county's CIL

South Carolina Statewide Independent Living Council is a non-profit organization that oversees the direction and expansion of the Centers for Independent Living (CIL) in South Carolina.

#### **ABLE SC:**

1-800-681-6805 / 1-800-681-7715

**ACCESSABILITY:** 

1-843-225-5080

**WALTON OPTIONS:** 

1-843-538-1600 / 1-843-538-1600

## CHILDREN'S PERSONAL CARE (CPC) SERVICES

Children's Personal Care is available to any Medicaid eligible child under the age of 21 who requires daily monitoring and observation due to the need for hands on assistance with functional deficits in the areas of bathing, dressing, toileting, feeding mobility, and/or transferring.

1-888-549-0820/1-888-971-1637

### COMMUNITY MENTAL HEALTH CENTERS

https://www.scdmh.org/community-centers/

Department of Mental Health (DMH) Centers provide mental health resources and services, including Child and Adolescents, Adult Services, Telepsychiatry, Mobile Crisis, Highway to Hope, School Counseling, etc. in each county around the state.

1-803-898-8581 / 800-647-2066

# DEPARTMENT OF PUBLIC HEALTH (DPH)

https://dph.sc.gov/

Department of Public Health provides services for children and youth with special health care needs. DPH programs include Camp Burnt Gin, Care Coordination Services, Children's Rehabilitative Services, and more.

1-855-472-3432/1-803-898-3300

#### **CONTINUUM OF CARE (COC)**

https://coc.sc.gov/

The Continuum of Care (COC) is a state program that serves children with serious emotional or behavioral health diagnoses whose families need help keeping them in their home, school, or community. COC provides high-fidelity wraparound services to your child and your family. 1-803-734-4500

### DEPARTMENT ON AGING - FAMILY CAREGIVER SUPPORT PROGRAM

https://aging.sc.gov/programs-initiatives/familycaregiver-support

Department on Aging provides support and resources for programs that help aging citizens and adults with disabilities live independently. 1-803-734-9900/1-800-868-9095

# DEPARTMENT OF DISABILITIES AND SPECIAL NEEDS (DDSN)

https://ddsn.sc.gov/

Department of Disabilities and Special Needs is the state agency that plans, develops, coordinates and funds services for South Carolinians with the severe, lifelong disabilities of: intellectual disabilities and related disabilities, autism, traumatic brain injury, spinal cord injury and similar disabilities.

1-803-898-9600

### SC DEVELOPMENTAL DISABILITIES COUNCIL

https://scddc.sc.gov/

The South Carolina Developmental Disabilities Council is a federally funded program that provides leadership in planning, funding, and implementing initiatives that lead to improved quality of life for people with developmental disabilities and their families through advocacy, capacity building, and systemic change.

1-803-734-0465

#### **DIAL-A-RIDE TRANSIT (DART)**

https://catchthecometsc.gov

Dial-A-Ride Transit is a curb-to-curb, advanced reservation, shared-ride transportation service that serves Richland County. There are no restrictions on the purpose or frequency of reservations. Riders going in the same general direction are grouped together to share rides. A fleet of small buses provides DART service. Each is equipped with wheelchair lifts and can accommodate four wheelchairs.

1-803-255-7100

## DISABILITY RIGHTS SOUTH CAROLINA

https://www.disabilityrightssc.org/

Disability Rights is an advocacy organization promoting and protecting the rights of individuals with disabilities to ensure equal opportunities and inclusion.

1-803-782-0639

#### **FAMILY RESOURCE CENTER**

https://frcdsn.org/

Family Resource Center promotes opportunities for learning, inclusion, and empowerment for individuals with disabilities and special needs, their families, and the community through education, advocacy, and outreach. Not for profit organization serving Charleston, Berkeley, and Dorchester counties.

1-843-266-1318

#### **FOOD PANTRIES**

https://www.foodpantries.org/

Find local pantries, soup kitchens, food shelves, food banks and other food help.

#### **GREENWOOD GENETIC CENTER**

https://ggc.org/

Greenwood Genetic Center (GGC)serves as a resource for all persons who need genetic services or information. GGC is working to reduce the prevalence and impact of genetic disorders. Clinics, labs, research and education are provided.

1-864-941-8100

#### HARVEST HOPE FOOD BANK

https://www.harvesthope.org/

Harvest Hope operates programs that provide food for our most vulnerable citizens - children, seniors, and rural residents who don't have access to grocery stores.

Midlands 1-803-254-4432 Pee Dee 1-843-661-0826 Upstate 1-864-281-3995

### HEALTH INSURANCE PREMIUM PAYMENT (HIPP)

www.scdhhs.gov/health-insurance-premiumpayment-hipp

Health Insurance Premium Payment (HIPP) program is a cost containment initiative, which maintains premium payments for eligible Medicaid beneficiaries who retain their private health insurance. Medicaid eligible beneficiaries who satisfy HIPP program requirements may qualify for monthly reimbursements for health insurance premiums that they have paid for themselves and/or their eligible dependents.

**1-888-289-0709** Option 5

#### **HEALTHY CONNECTIONS/MEDICAID**

https://www.scdhhs.gov/members/getting-started

Healthy Connections is South Carolina's Medicaid program. It is a medical assistance program that helps pay for some or all medical bills for many people who cannot afford medical care.

1-888-549-0820

### HIDDEN DISABILITIES SUNFLOWER PROGRAM

#### https://www.hdsunflower.com/us

It is a simple tool for you to share that you have a hidden disability voluntarily. Simply by wearing the Sunflower, you're just letting everyone know that you might need extra help, understanding, or just more time.

#### https://flycae.com/hidden-disabilities-sunflowerprogram-at-cae

At 140 airports including CAE and CLT passengers can request sunflower-branded items in the terminal. These items discreetly indicate to the stakeholders around airports, including staff, colleagues, and health professionals, that they may need additional support, help, or a little more time.

#### **HOPEFUL MINDS**

https://hopefulminds.crediblemind.com/

Hopeful Minds is a free online platform for mental wellbeing resources including videos, podcasts, apps, online programs, books, and articles. Includes over 200 topics such as stress, anxiety, depression, relationships, etc.

#### MENTAL HEALTH DIRECTORY

www.mentalhealthdirectory.net

Mental Health Directory provides contact information for different types of mental health treatment centers including residential, inpatient, partial hospitalization, outpatient and more.

#### MILITARY ONE SOURCE: EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

www.militaryonesource.mil/resources/millifeguides/efmp-resources/

The EFMP strives to help your military family thrive in military life. EFMP Family Support places a critical role in helping families with special needs with the Identification, Enrollment and Assignment Coordination processes.

1-800-342-9647

#### **MOBILE CRISIS**

https://www.scdmh.org/services-andprograms/mobile-crisis/

Mobile Crisis is a 24/7/365 crisis response program operated by the Department of Mental Health providing immediate assistance and support for individuals experiencing a mental health crisis.

1-833-364-2274

#### **MODIVCARE**

https://www.mymodivcare.com/members/sc/

Modivcare is contracted with South Carolina Healthy Connections to arrange non-emergency medical transportation for Medicaid members.

#### **PALMETTO ABLE SAVINGS PROGRAM**

https://palmettoable.com/

Palmetto ABLE Savings Program allows individuals with disabilities the opportunity to save and invest money while maintaining eligibility for important needs-based benefits.

1-800-439-1653

### PALMETTO ANIMAL ASSISTED LIFE SERVICES (PAALS)

https://www.paals.org/

PAALS trains animals to assist people with varying abilities to live more independent and enriched lives by providing them with assistance dogs for educational, therapeutic, and recreational activities.

1-803-788-7063

#### **PROJECT LIFESAVER**

https://projectlifesaver.org/

Project Lifesaver is a program that deploys specially trained teams to quickly locate and return wandering adults and children to their families and caregivers. Agencies are in: Richland Co., Aiken/N. Augusta, Horry/Myrtle Beach, Charleston Co, Lee Co, Oconee Co, Chester Co, Cherokee Co, Darlington Co, Orangeburg Co, and Sumter Co.

1-877-580-5433

# REHABILITATIVE BEHAVIORIAL HEALTH SERVICES (RBHS)

https://www.scdhhs.gov/private-rbhs-provider-directory

RBHS is a Medicaid program offering evidencebased interventions and therapies tailored to individuals with mental health and substance use diagnoses to enhance their functional abilities, social skills, and overall well-being.

1-888-549-0820

#### SAFE KIDS

http://www.safekids.org/

Safe Kids Worldwide is dedicated to preventing injuries in children who works with an extensive network of coalitions in the US to reduce injuries from motor vehicles, sports, drowning, falls, burns, poisonings and more.

1-202-662-0600

#### **SC HOUSING**

www.schousing.com

SC Housing is a homebuyer program for families affected by disabilities. This initiative allows borrowers with a permanent disability, or who have a family member with a permanent disability, to apply without meeting certain first-time homebuyer restrictions.

1-803-896-2211

#### SC LEGAL SERVICES

https://sclegal.org/

SC Legal Services provides free legal assistance in a wide variety of civil (non-criminal) legal matters to eligible low income residents of South Carolina. SC Legal Services also has a library of publications providing information for common legal issues and recommendations for actions.

1-888-346-5592

#### **SC PARENTS**

www.scparents.org/

SC Parents is an online support platform for parents and caregivers of children, offering information, resources, and community connections.

1-803-733-5430

#### SC RESPITE COALITION

https://www.screspitecoalition.org/

SC Respite Coalition offers a Respite Voucher Program designed to support families and caregivers of individuals by providing temporary relief through respite care services, promoting their overall well-being and capacity to continue caring for their loved ones.

1-866-345-6786

#### SC TALKING BOOK SERVICES

https://sctalkingbook.org/

SC Talking Book Services offers free braille and talking book library service for people with temporary or permanent low vision, blindness, or a physical disability that prevents them from reading or holding the printed page.

1-800-922-7818

Email: TBSBooks@statelibrary.sc.gov

#### **SMART 911**

https://www.smart911.com/

Be prepared for any emergency by giving public safety the information they need to better help and communicate with you.

### SPECIAL NEEDS NETWORK OF DENTISTS

https://www.sandsc.org/

Special Needs Network of Dentists is a directory of dentists that will treat patients with mild and/or moderate-severe manifestations of a number of different developmental and acquired special needs.

1-843-876-0059

#### SPECIAL OLYMPICS OF SC

https://so-sc.org/

Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes, and the community.

1-803-772-1555

### SUPPLEMENTAL NUTRITIONAL ASSISTANCE PROGRAM (SNAP)

https://dss.sc.gov/assistance-programs/snap/

SNAP provides low-income households with nutrition assistance by increasing the household's food purchasing power.

1-800-616-1309

### SUPPLEMENTAL SECURITY INCOME (SSI)

https://www.ssa.gov/disability

SSI is a federal program that provides monthly payments to adults and children with a disability or blindness with limited income and resources.

1-800-772-1213/1-800-325-0778 (TTY)

#### **TEFRA "KATIE BECKETT" MEDICAID**

<u>www.scdhhs.gov/members/program-eligibility-</u> and-income-limits

Healthy Connections/Medicaid provides benefits to certain children with disabilities who would not ordinarily be eligible because their parents' income and/or resources that exceed the typical limit.

1-888-549-0820

## TEMPORARY ASSISTANCE FOR NEEDY FAMILIES PROGRAM (TANF)

https://dss.sc.gov/assistance-programs/tanf/

TANF is a time-limited program that provides temporary financial assistance to needy families with dependent children.

1-800-616-1309

### **UNITED WAY OF SC (211)**

https://sc211.org/

SC 211 provides information and referral services to those needing assistance with rent, electric bills, food pantries, shelters, legal aid, etc. Resources are statewide.

Dial 2-1-1 / 1-803-929-1000

#### **VOICE OF REASON**

https://www.vor.net/

Voice of Reason is a national organization that advocates for high-quality care and human rights for people with intellectual and developmental disabilities.

1-877-399-4867

### **RESOURCES: AUTISM SPECTRUM DISORDER**

# APPLIED BEHAVIOR ANALYSIS (ABA) PROVIDER DATABASE

https://ddsn.sc.gov/sites/ddsn/files/PublicDocuments/ABA%20Providers.xlsx

A comprehensive database of ABA providers in South Carolina for individuals with Autism Spectrum Disorder.

#### **BIG RED SAFETY BOX**

https://nationalautismassociation.org/ big-red-safety-box/

Big Red Safety Box is a program offering safety resources, tools, and educational materials to families with children with disabilities to help prevent and respond to emergency situations. 1-877-622-2884

# CAROLINA AUTISM AND NEURODEVELOPMENT (CAN) RESEARCH CENTER

https://sc.edu/study/colleges\_schools/ artsandsciences/centers\_and\_institutes/ uofscand/index.php

CAN's mission is to improve the health and wellbeing of families and individuals with neurodevelopmental disorders, including autism, intellectual disabilities, learning disorders, and genetic syndromes (e.g., Fragile X, Down Syndrome).

Email: can@sc.edu

#### **CENTERS FOR DISEASE CONTROL**

https://www.cdc.gov/ncbddd/autism/index.html

The Centers for Disease Control and Prevention's resource on autism, provides information, research, and resources for understanding and addressing Autism Spectrum Disorder.

1-800-232-4636

### CLEMSON UNIVERSITY SPECTRUM PROGRAM (CUSP)

https://www.clemson.edu/academics/student-accessibility-services/resources/spectrum-program.html

CUSP offers personalized services for students with autism, helping them build connections and succeed academically, socially, and professionally.

beeson@clemson.edu 1-864-656-6848

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1-803-898-9600

# EDUCATION & SAFETY FOR CHILDREN WITH AUTISM TO PREVENT ELOPEMENT (ESCAPE)

(Ages 12-17)
<a href="https://musckids.org/our-services/developmental-behavioral-services/research/escape">https://musckids.org/our-services/developmental-behavioral-services/research/escape</a>

The ESCAPE study will provide elopement prevention kits for eligible children with Autism Spectrum Disorder at no-cost to families. Caregivers will be asked to rate how useful individual kit items are at reducing elopement, and to provide feedback about how ESCAPE kits affect their stress levels and ability to engage meaningfully in community settings.

1-843-714-1352

### **RESOURCES: AUTISM SPECTRUM DISORDER**

### LOWCOUNTRY AUTISM FOUNDATION (LAF)

https://www.lafinc.org/

Lowcountry Autism Foundation is a nonprofit organization offering comprehensive support, education, and resources to individuals with autism and their families in the Lowcountry region.

1-843-800-7171

#### **NONPAREIL**

https://npusa.org/

Nonpareil is an on-line, post secondary, not for profit serving adults with Autism Spectrum Disorder. Provides training that enables them to acquire skills that will enhance their ability to live more productive and independent lives. Focuses on strengths with the goal to help each student progress toward their full potential.

#### **SAM'S SIBS STICK TOGETHER**

https://www.samssibssticktogether.com/

Sam's Sibs Stick Together is a sibling support group addressing the needs of siblings of individuals with Autism Spectrum Disorder and other developmental disabilities.

1-561-598-6200

#### SIMONS FOUNDATION POWERING AUTISM RESEARCH FOR KNOWLEDGE (SPARK)

https://musckids.org/ourservices/developmental-behavioralservices/research/spark

SPARK is an online study with the goal of moving autism research forward and improving lives.

SPARK has several components: you will be asked to share background and medical information about your family and provide saliva samples for genetic analyses.

1-843-714-1352

### **RESOURCES: HEAD & SPINAL CORD INJURY**

# BRAIN INJURY ASSOCIATION OF SOUTH CAROLINA (BIASC)

https://www.bigofsc.com/

BIASC is a non-profit organization that helps individuals with brain injuries, their families and caregivers. BIASC works to educate healthcare providers, coaches, athletes, teachers, law enforcement, legislators, and the military about brain injury and the impact brain injury has on individuals and their families.

1-803-731-9823/1-877-884-3228

## CHRISTOPHER AND DANA REEVE FOUNDATION

https://www.christopherreeve.org/

Christopher and Dana Reeve Foundation is dedicated to curing spinal cord injury by advancing innovative research and improving the quality of life for individuals and families impacted by paralysis.

1-800-225-0292

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1-803-898-9600

#### SHRINER'S HOSPITAL

https://www.shrinerschildrens.org/en/pediatriccare/spine-and-spinal-cord

Shriner's Hospital provides services for spine and spinal cord conditions. Pediatric spine and spinal cord care can require a number of different services including low-dose radiology, motional analysis, bracing, casting, Physical, Occupational and Speech therapy and prosthetic/orthotic services.

1-844-423-7871

#### SHEPHERD CENTER

https://www.shepherd.org/

Shepherd Center is where people in need of personalized rehabilitation after severe neurological injury or illness find care and compassion to begin again. Specializes in the rehabilitation for patients with complex spinal cord and brain injuries, traumatic stroke, and other neurological conditions.

1-833-281-9352

### SOUTH CAROLINA SPINAL CORD INJURY ASSOCIATION (SCSCIA)

https://www.scspinalcord.org/

SCSCIA connects and empowers individuals impacted by spinal cord injury to pursue a meaningful and engaged quality of life.

1-803-252-2198

### **RESOURCES: HEAD & SPINAL CORD INJURY**

#### THE WEST END CO-OP

https://prismahealth.org/locations/hospitals/roger-c-peace-rehabilitation-hospital/the-west-end-co-op

The West End CO-OP is a community-based rehab employment program. It provides a supportive yet creative environment in which individuals with brain injuries can participate in "work worth doing" in a real community setting. It is an emerging small business and integrative therapy model that can be used to integrate individuals with brain injuries back into the workforce.

1-864-455-2625

#### **UNITED SPINAL ASSOCIATION**

https://unitedspinal.org/action-center/

United Spinal Association empowers and advocates for people with spinal cord injury/damage and all wheelchair users to achieve their highest quality of life.

1-718-803-3782

# RESOURCES: EARLY CHILDHOOD BIRTH TO 5 YEARS

### ATTACHMENT AND BIOBEHAVIORAL CATCH-UP (ABC)

(6-24 months)

https://www.scimha.org/ABC-intervention

ABC is an evidence-based parenting intervention for caregivers of infants and toddlers ages 6 - 24 months who have experienced trauma or adversity. This in-home program helps caregivers learn to successfully parent through daily challenges.

1-833-472-4642

#### **BABYNET**

(Birth - 36 months)

https://www.scdhhs.gov/resources/programs-and-initiatives/babynet/families

BabyNet is South Carolina's interagency Early Intervention System for infants and toddlers under three years of age with developmental delays, or who have conditions associated with developmental delays. BabyNet provides disability screening, referral and therapy services to children up to their third birthday.

1-877-512-8881

### CHILDCARE SCHOLARSHIP PROGRAM

https://www.scchildcare.org/programs/childcare-scholarship-program/

Childcare Scholarship Program is funded by DSS. This program makes childcare more affordable for families by making all or a portion of provider payments directly to childcare providers so parents can work or attend school/training. For information regarding special needs childcare vouchers please use email below.

Email: scchildcare@dss.sc.gov Client Number: (800) 476-0199

### CIRCLE OF SECURITY PARENTING (COSP)

https://scimha.org/services/circle-of-securityparenting/

COSP helps the caregiver connect with the children in their lives by reflecting on children's attachment needs in order to promote secure attachment with a child.

1-833-472-4642

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1-803-898-9600

#### **FAMILY CONNECTION of SC**

http://www.familyconnectionsc.org/

Family Connection's Parent Training and Information Center is a statewide nonprofit organization that links families of children with special healthcare needs and disabilities with resources, support and education.

1-800-578-8750

# RESOURCES: EARLY CHILDHOOD BIRTH TO 5 YEARS

#### FIRST 5 SC

https://first5sc.org/

First 5 SC is an early childhood initiative focused on supporting the healthy development of young children, during their critical first five years.

1-803-734-0479/1-877-621-0865

#### **HELP ME GROW SC**

https://helpmegrowsc.org/

Help Me Grow SC is a free resource with a focus on early childhood development, behavioral health, and parenting support. Use the online referral form, or call a care coordinator.

1-855-476-9211

#### **HOMEBUILDERS**

https://dss.sc.gov/media/2776/homebuilders-dss-form-37517-aug-20.pdf

Homebuilders is a resource funded by the Department of Social Services (DSS) providing intensive in-home services and support to enhance family functioning and improve outcomes.

1-803-898-7788

#### **KINCAROLINA**

https://kincarolina.org/

KinCarolina is a six-month, comprehensive support program for kinship caregivers raising children with disabilities or special healthcare needs and residing in the Midlands region of SC. Designed to empower caregivers and increase their capacity for the children in their care.

1-803-386-7696

#### LEARN THE SIGNS. ACT EARLY

http://www.cdc.gov/milestones

"Learn the signs. Act Early." program aims to improve early identification of developmental delays and disabilities, including autism, by facilitating parent-engaged developmental monitoring and promoting developmental screening so children and their families can get the early services and support they need.

1-855-476-9211

MEDICALLY COMPLEX CHILDREN (MCC) WAIVER

https://www.scdhhs.gov/resources/waivers/medically-complex-children-mcc-waiver

The MCC waiver serves children who meet hospital level of care (LOC), and have chronic physical/health conditions expected to last longer than 12 months.

1-888-549-0820/1-888-971-1637

# PARENT CHILD INTERACTION THERAPY (PCIT)

https://musckids.org/our-services/developmental-behavioral-services/research/tele-pcit

MUSC's telehealth Parent-Child Interaction Therapy supports Medicaid covered families of children ages 2-7 with developmental diagnoses, aiming to improve parent/child relationship and social skills. 1-843-714-1352

#### **PACER CENTER**

http://www.pacer.org

PACER Center offers parent training and information for families of children and youth with all disabilities from birth through 21 years old. Parents can find resources to help make decisions for their children with disabilities.

1-952-838-9000

# RESOURCES: EARLY CHILDHOOD BIRTH TO 5 YEARS

#### **PASOS - LATINO RESOURCES**

https://www.scpasos.org/

PASOS provides culturally responsive education on family health, early childhood, and positive parenting skills. In addition, individual guidance for participants in need of resources, and partnerships with health care and social service providers is also provided.

1-803-465-5987 (Habla Español)

### SOUTH CAROLINA CHILD CARE INCLUSION COLLABORATIVE

https://www.scinclusion.org/

South Carolina Child Care Inclusion Collaborative provides individualized training and technical assistance for child care providers to support the inclusion of children with disabilities and developmental delays. Inclusion specialists work with child care staff and administrators to implement evidence-based practices that ensure access and meaningful participation for all children.

1-803-777-8483

# SERVICES FOR CHILDREN AND YOUTH WITH SPECIAL HEALTH CARE NEEDS

https://dph.sc.gov/health-wellness/childteen-health/services-children-and-youthspecial-health-care-needs

Services for Children and Youth with Special Health Care Needs is a Department of Public Health program offering comprehensive services for children under 18 with special healthcare needs promoting their health and well-being.

1-803-898-3300

### SOUTH CAROLINA PARTNERSHIPS FOR INCLUSION

https://www.scpartnershipsforinclusion.org/

South Carolina Partnerships for Inclusion's mission is to increase inclusive opportunities and school readiness for preschool children with Individualized Education Plans (IEPs).

1-803-429-0519

### POSITIVE PARENTING PROGRAM: TRIPLE P

https://www.triplep-parenting.com/us/triple-p/

Positive Parenting Program is a research-based parenting program offering strategies for toddler tantrums to teenage rebellion. The program offers support to parents to promote their child's social and emotional development.

1-803-451-2278

# WOMEN, INFANTS AND CHILDREN (WIC) NUTRITION PROGRAM

https://dph.sc.gov/health-wellness/familyplanning/women-infants-and-children-wicnutrition-program

WIC is a nutrition program for children under 5, a new mom, or a pregnant or breastfeeding mom. Provides health education, healthy foods, breastfeeding support, and other services at no cost to families who qualify.

1-800-922-4406 / 1-803-898-0743

# RESOURCES: SCHOOL YEARS AGE 5-12

#### **BRIEF STRATEGIC FAMILY THERAPY**

https://dss.sc.gov/media/2469/dss-form-37515aug-20.pdf

Brief Strategic Family Therapy is a Department of Social Services program that offers a therapeutic approach to address behavior-related challenges and promote family well-being for children ages 6-17.

1-803-898-7788

#### **CHILD FIND**

https://oses.ed.sc.gov/early-childhood/child-find/

Child Find can help if you think your child has a delay in any area of development. Child Find assists families of children 3-21 who may have special needs by helping them identify, locate, and evaluate all children and youth with disabilities who are in need of special education and related services.

1-803-734-8224

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1-803-898-9600

#### I'M DETERMINED PROJECT

https://www.imdetermined.org/

The I'm Determined Project focuses on providing direct instruction, models, and opportunities to practice skills associated with self-determined behavior. Offers tools to learn about how to support your child in becoming more self-determined. info@imdetermined.org

## INDIVIDUALS WITH DISABILITIES EDUCATION ACT (IDEA)

- https://sites.ed.gov/idea/
- https://www.wrightslaw.com/idea/law.htm
- <a href="https://www.parentcenterhub.org/idea/">https://www.parentcenterhub.org/idea/</a>

IDEA is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to eligible infants, toddlers, children and youth with disabilities.

### NATIONAL CENTER ON ACCESSIBLE EDUCATIONAL MATERIALS

https://aem.cast.org/\_

National Center on Accessible Educational Materials (AEM) is a resource for state and district level educators, parents, students, publishers, conversion houses, accessible media producers, and others interested in learning more about and implementing accessible digital materials and technologies.

1-781-245-2212

Email: cast@cast.org

# RESOURCES: SCHOOL YEARS AGE 5-12

#### KINDRED HEARTS of SC

https://www.kindredheartssc.org/

Kindred Hearts provides a kinship care support initiative containing 3 key components: Kinship Care Circles, Community Outreach/Education, and Volunteer-Driven Case Management.

1-803-553-7277

### OFFICE OF SPECIAL EDUCATION SERVICES (OSES)

https://ed.sc.gov/about/ccr/office-of-special-education-services/

OSES is dedicated to the provision of quality special education services and supports to students with disabilities.

1-803-734-8500

## PALMETTO COORDINATED SYSTEM OF CARE (PCSC) WAIVER

https://www.scdhhs.gov/resources/waivers/palmetto-coordinated-system-care-pcsc-waiver

The PCSC waiver provides home and community-based supports and services to youth with mental illness(es) who would otherwise be served in inpatient psychiatric hospitals.

1-888-549-0820/1-888-971-1637

#### PARENT CHILD INTERACTION THERAPY

https://musckids.org/our-services/developmental-behavioral-services/research/tele-pcit

MUSC's telehealth Parent-Child Interaction Therapy supports Medicaid covered families of children ages 2-7 with developmental diagnoses, aiming to improve their relationship and social skills.

1-843-792-1414

#### **SC RESPITE COALITION**

https://www.screspitecoalition.org/programsservices/respite-voucher-program/

SC Respite Coalition offers a respite voucher designed to support caregivers by providing temporary relief through respite care services, promoting their overall well-being and capacity to continue caring for their loved ones. Vouchers are used to pay for breaks from hands-on caregiving. 1-803-935-5027

### STRENGTHENING FAMILIES PROGRAM (SFP)

https://scchildren.org/programs/strengthening-families-program/

SFP serves families with children ages 6 to 11 through local partners in settings that include community centers, schools, and churches. Designed to help families develop positive discipline practices, stay resilient in tough times, reduce conflict, improve parenting skills, and assist children with social skills, relationships, and school performance.

1-803-744-4041

#### TEFRA "KATIE BECKETT" MEDICAID

<u>www.scdhhs.gov/members/program-eligibility-</u> and-income-limits

Healthy Connections/Medicaid provides benefits to certain children with disabilities who would not ordinarily be eligible because their parents' income and/or resources exceed the limit.

1-888-549-0820

### TRIPLE P-Positive Parenting Program

https://www.triplep-parenting.com/us/triple-p/

The TRIPLE P is a research-based parenting program offering strategies for toddler tantrums to teenage rebellion. The program offers support to parents to promote their child's social and emotional development.

1-803-451-2278

# RESOURCES: MIDDLE/HIGH SCHOOL AGE 13-21

#### **ABLE South Carolina**

https://www.able-sc.org/

Able SC is a nonprofit Center for Independent Living (CIL) that provides advocacy, resources, and support to empower individuals with disabilities to live independently and inclusively in the Midlands and Upstate counties of South Carolina.

1-800-681-6805 / TTY: 1-803-779-0949

#### **ACCESSABILITY**

https://www.abilitysc.org/

AccessAbility is a nonprofit Center for Independent Living (CIL) that provides advocacy, resources, and support to empower individuals with disabilities to live independently and inclusively in the Low Country counties of South Carolina.

1-843-225-5080 / TTY: 1-843-225-0231

# AMERICANS WITH DISABILITIES ACT (ADA)

https://www.dol.gov/general/topic/disability/ada

The Americans with Disabilities Act (ADA) prohibits discrimination against people with disabilities in employment, transportation, public accommodation, communications, and governmental activities.

1-866-487-2365

### CENTER FOR DISABILITY RESOURCES (CDR) LIBRARY

https://uscmed.sc.libquides.com/cdr/library

CDR Library provides books, videos, brochures, and audiotapes covering a variety of disability-related topics that can be checked out.

1-803-935-5231

### DEPARTMENT OF DISABILITIES AND SPECIAL NEEDS (DDSN)

https://ddsn.sc.gov/

DDSN is the state agency that plans, develops, coordinates and funds services for South Carolinians with the severe, lifelong disabilities of: intellectual disabilities and related disabilities, autism, traumatic brain injury, spinal cord injury and similar disabilities.

1-803-898-9600

### DEPARTMENT OF SOCIAL SERVICES (DSS) HOMEBUILDERS

https://dss.sc.gov/media/2776/homebuilders-dss-form-37517-aug-20.pdf

DSS Homebuilders is a resource providing intensive in-home services and support to enhance family functioning and improve outcomes.

1-803-898-7788

# DEPARTMENT OF SOCIAL SERVICES (DSS) - FUNCTIONAL FAMILY THERAPY (FFT)

https://dss.sc.gov/media/2777/functionalfamily-therapy-dss-form-37516-aug-20.pdf

FFT is a short-term prevention program for at risk youth and their families. FFT aims to address risk and protective factors that impact the adaptive development youth who have been referred for behavioral or emotional problems.

1-803-898-7788

# RESOURCES: MIDDLE/HIGH SCHOOL AGE 13-21

#### **EXCEPTIONAL SC**

https://www.exceptionalsc.org/

Exceptional SC is a 501(c)(3) charity that provides scholarships for exceptional needs K-12 students to attend independent schools. Donations qualify for a state tax credit, and scholarships are sent directly to eligible schools.

1-803-602-4398

### FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA)

https://studentaid.gov/h/apply-for-aid/fafsa

FAFSA is a government form that students use to apply for financial aid for college, career school, or graduate school.

1-800-433-3243

## NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

https://namimid-carolina.org/support-and-education/support-groups/nami-connection/

NAMI is a free, peer-led support group for any adult who has experienced symptoms of a mental health condition. Designed for adults (18+) with mental health conditions.

1-803-206-2916

### PALMETTO COORDINATED SYSTEM OF CARE (PCSC) WAIVER

https://www.scdhhs.gov/resources/waivers/palmetto-coordinated-system-care-pcsc-waiver

The PCSC waiver provides home and community-based supports and services to youth who are in, or at imminent risk of out-of-home placement.

1-888-549-0820/1-888-971-1637

#### **PROJECT SEARCH**

https://www.scvrd.net/project-search

The Project SEARCH Transition-to-Work Program is a one year, workplace based employment preparation program combining classroom instruction, career exploration, and hands-on training through worksite rotations. It ends with personalized job development. Contact your school district to check availability in your area.

### SC VOCATIONAL REHABILATION DEPARTMENT (SCVRD)

https://scvrd.net/

SCVRD prepares and assists eligible South Carolinians with disabilities to achieve and maintain competitive employment. Pre-Employment Transition Services (Pre-ETS) are available to any student ages 13 through 21 with an IEP, 504 plan, or other documented disability.

1-800-832-7526/1-803-896-6500

### SOUTH CAROLINA ASSISTIVE TECHNOLOGY PROGRAM (SCATP)

www.sc.edu/scatp

The South Carolina Assistive Technology Program (SCATP) uses technology devices and services to help people with disabilities live, work and learn more independently. SCATP is federally funded and part of a national network that provides the devices that increase, maintain or improve functional capabilities for people with disabilities.

1-800-915-4522 / 1-803-935-5263

# RESOURCES: MIDDLE/HIGH SCHOOL AGE 13-21

#### **TRIPLE P-Positive Parenting Program**

https://www.triplep-parenting.com/us/triple-p/

The TRIPLE P is a research-based parenting program offering strategies for toddler tantrums to teenage rebellion. The program offers support to parents to promote their child's social and emotional development.

1-803-451-2278

#### **WALTON OPTIONS**

https://www.waltonoptions.org/

Walton Options is a nonprofit Center for Independent Living (CIL) that provides advocacy, resources, and support to empower individuals with disabilities to live independently and inclusively in the Midlands and Low Country counties of South Carolina.

1-803-279-9611/1-843-538-1600

### **RESOURCES: ADULTS 18-25**

## COMMUNITY LONG TERM CARE (CLTC)

https://www.scdhhs.gov/sites/default/files/CLTC% 20Brochure%20May%202023%20Final.pdf

CLTC offers programs to help individuals who want to live at home, need assistance with care and are eligible for Medicaid.

**Community Choices Waiver**, administered by Community Long Term Care (a division of SCDHHS) is program is available to individuals 18 years of age or older who have long-term care needs. Must meet nursing facility level of care.

1-888-971-1637

### DEPARTMENT OF DISABILITIES AND SPECIAL NEEDS (DDSN)

https://ddsn.sc.gov/

DDSN is the state agency that plans, develops, coordinates and funds services for South Carolinians with the severe, lifelong disabilities of intellectual disabilities and related disabilities, autism, traumatic brain injury, spinal cord injury and similar disabilities.

1-803-898-9600

#### **EQUIP LEADERSHIP GROUP**

https://www.able-sc.org/get-support/equipprogram/

Equip is a peer-to-peer young adult leadership group focused on empowerment, support, and camaraderie for youth ages 13-28 with disabilities. Our young adult leaders guide youth with every type of disability in finding their a-ha moment when they take charge of their lives, find their unique voice to self-advocate, and engage with their community of peers more fully.

1-800-681-6805/1-803-779-5121

#### **GOODWILL**

https://www.goodwill.org/

Goodwill enhances dignity and quality of life by strengthening communities, removing barriers, and helping individuals reach their potential through learning and work.

1-877-538-7975/1-864-351-0100

#### PALMETTO ABLE SAVINGS PROGRAM

https://palmettoable.com/

Palmetto Able Savings Program allows individuals with disabilities the opportunity to save and invest money while maintaining eligibility for important needs-based benefits.

1-800-439-1653

### SC VOCATIONAL REHABILATION DEPARTMENT (SCVRD)

https://scvrd.net/

SCVRD prepares and assists eligible South Carolinians with disabilities to achieve and maintain competitive employment. Pre-Employment Transition Services (Pre-ETS) are available to any student ages 13 through 21 with an IEP, 504 plan, or other documented disability.

1-800-832-7526/1-803-896-6500

#### **SC THRIVE**

https://scthrive.org/

SC Thrive helps South Carolinians navigate the complex systems of available benefits including Medicaid, SNAP, TANF, etc. They offer resources, tools, and assistance to individuals with disabilities.

1-800-726-8774

### **RESOURCES: ADULTS 18-25**

#### SOUTH CAROLINA INCLUSIVE POST-SECONDARY EDUCATION CONSORTIUM (SCIPSEC)

https://scipsec.com/

SCIPSEC promotes awareness, development, and the policy interests of all inclusive college programs in the state that support students with intellectual and developmental disability.

#### THINK COLLEGE - LIFE PROGRAMS

https://thinkcollege.net/college-search?

f[0]=tc\_state\_province%3ASouth%20Carolina

Think College provides resources, technical assistance and training related to college options for students with intellectual disability. There are 6 programs in SC: Carolina LIFE, Charleston LIFE, Clemson LIFE, Coastal Carolina LIFE, USCA LIFE, Winthrop LIFE.

1-617-287-4300

Email: thinkcollege@umb.edu

#### YOUTH LEADERSHIP FORUM

https://www.scylf.org/

Youth Leadership Forum is an opportunity to cultivate leadership skills and learn how to become an advocate in their community. Selected delegates stay on a college campus for three nights to learn about independent living and advocacy while building relationships with other young adults.

1-803-779-5121

### **RESOURCES: SENIORS 55+**

# PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)

https://prismahealth.org/locations/ambulatory-labs-other/seniorcare-pace/

PACE is a federal Medicaid and Medicare program providing services and supports to participants in the greater Columbia area who are age 55 or older who meet nursing home level of care yet wish to remain in the community.

1-803-931-8166

### DEPARTMENT OF DISABILITIES AND SPECIAL NEEDS (DDSN)

https://ddsn.sc.gov/

DDSN is the state agency that plans, develops, coordinates and funds services for South Carolinians with the severe, lifelong disabilities of: intellectual disabilities and related disabilities, autism, traumatic brain injury, spinal cord injury and similar disabilities.

1-803-898-9600

#### **GETCARESC**

https://www.getcaresc.com/

GetCareSC is a guide for older adults, people with disabilities, their family members and caregivers in SC to help figure out what services are needed to assist with long term care planning, explain eligibility for services, advocate for long term care residents, provide caregiver support and assist with insurance and legal paperwork.

1-800-868-9095

#### **SENIOR RESOURCES**

https://www.seniorresourcesinc.org/

Senior Resources provide necessary services and care for seniors who cannot afford to pay for private services, such home care, transportation, senior volunteers and meal delivery.

1-803-525-7734

#### **MEDICARE**

https://www.medicare.gov/

Medicare is the federal government health insurance program for Americans age 65 and older and younger people living with certain illnesses or disabilities.

1-800-633-4227

#### **MEMORY CARE**

https://www.memorycare.com/memory-care-in-south-carolina/

Memory Care has helpful resources and valuable information about memory care in the state of South Carolina. This includes financial assistance for paying for memory care, free memory care resources in the state, and a directory of memory care facilities in South Carolina.

1-866-716-3974

#### **OUR HEART SPEAKS**

https://ourheartspeaks.org/

Our Heart Speaks is a resource for individuals living with chronic medical conditions and new disabilities. They provide a place for individuals from around the world share their stories of rehabilitation and healing through personal narrative, poetry, photography, video, artwork and music.

Email: info@ourheartspeaks.org

#### **SENIOR MOBILITY**

https://seniorsmobility.org/freewheelchairs/south-carolina/?msID=6362bc8a-16f8-465d-ae45-bf424e142fc1

Senior Mobility has a complete resource for free assistive devices (wheelchairs, scooters, and more) and independent living resources in the state of South Carolina.

### **RESOURCES: SENIORS 55+**

### **SOUTH CAROLINA DEPARTMENT ON** AGING (SCDOA) https://aging.sc.gov/

SCDOA provides support and resources for programs that help aging citizens and adults with disabilities live independently.

1-800-868-9095

### **OTHER: ENRICHMENT AND ENGAGEMENT**

#### **EDVENTURE**

https://edventure.org/#visit

EdVenture offers sensory nights where individuals can enjoy all the museum has to offer in a sensory-friendly environment, including reduced lighting, limited crowd size, sensory-friendly educational programming, and resources for parents. Located in Columbia and Myrtle Beach. 1-803-779-3100

# GREENVILLE COLLABORATIVE ACTION NETWORK (CAN)

https://greenvillecan.org/recreation-guide/

Greenville CAN's Having Fun Workgroup has a list of recreation and arts opportunities for individuals with disabilities in Greenville County. This guide list both disability specific opportunities as well as opportunities that are inclusive or at least accommodating for individuals with disabilities.

1-828-808-1896

#### **SC AQUARIUM**

https://scaquarium.org/accessibility/

The South Carolina Aquarium is committed to providing engaging experiences for everyone, no matter their ability, so they will have a full Aquarium experience. The SC Aquarium offers wheelchairs, accessible parking, sensory resources, ASL interpreters, closed captioning, and more.

1-843-577-3474

#### **SC STATE MUSEUM**

https://scmuseum.org/visit/accessibilitymornings

The State Museum hosts a special morning once a month designed for families of children, teenagers, young adults and adults who would benefit from a quieter, sensory-friendly and disability-adapted experience. General Admission to Accessibility Morning is FREE for participants.

1-803-898-4921

#### WILD HEARTS EQUINE THERAPY

https://www.wildheartsequinetherapy.org/

Wild Hearts helps people with physical, intellectual and emotional challenges by blending world-recognized equine-assisted therapies with its own innovative approaches. Located in Oconee County.

1-864-991-9163

### OTHER: PREPARE FOR ADULTHOOD

#### **GCF GLOBAL**

https://edu.gcfglobal.org/en/

GCF Global is a free tool that helps you learn the essential skills you need to live and work in the 21st century by offering self-paced online courses such as:

- E-learning
- Career Coaching (coming soon)
- Stackable Credentials (coming soon)

#### HANDS ON BANKING

www.handsonbanking.org/

The Hands on Banking financial education program can help you learn more about money management.

Email: hobinfo@wellsfargo.com

#### MEAL PREPARATION SKILLS

https://kidshealth.org/en/kids/recipes/ https://cookingwithkids.org/ https://accessiblechef.com/

If you're hungry, grab your apron and get cooking! Making food yourself, with a little help from a parent, is a great way to learn about food and meal preparation.

#### **OPEN A LIBRARY ACCOUNT**

https://publiclibraries.com/state/south-carolina/

Libraries across South Carolina offer amazing collections of information resources in print or in other forms that is organized and made accessible for reading or study.

#### TAKE YOUR CHILD TO WORK DAY

www.daughtersandsonstowork.org/

The Take Our Daughters And Sons To Work® program goes beyond the average "shadow" an adult. This program shows them the value of their education and a balanced work and family life to begin to take steps toward their end goals.

newmedia@ja.org

### TEACH "EMPLOYMENT FIRST" THINKING

www.apse.org/

Employment First is a declaration of both philosophy and policy stating that employment is the first priority and preferred outcome of people with disabilities. APSE is a national organization dedicated to Employment First.

1-301-279-0060



# South Carolina Department of Disabilities and Special Needs

www.ddsn.sc.gov

(803) 898-9600