

Bio of Michelle Woodhead

Michelle Woodhead lives in York, South Carolina with her husband Michael Woodhead, and her two daughters Madison and Mckenna. She moved to South Carolina from Western New York, where she obtained her Bachelors of Science degree in Management Science from St. Bonaventure University and her Masters in Business Administration with an Accounting concentration from Niagara University. Currently, she manages the Sales/Use and Property Tax Department as the Senior Tax Director for RR Donnelley, a Fortune 500 company and the largest printer in the United States, where she has worked for the last 29 years.

On June 25, 2018, her daughter Mckenna suffered a spinal cord injury from a Jet Ski accident that left her a quadriplegic where she is paralyzed from the chest down. This tragedy reshaped her family and their goals going forward. Michelle's primary focus was to provide her daughter with the tools she needed, both physical and mental, strive for independence and not let her disability defeat her or define her. With that, Mckenna, a competitive athlete, continued to be an athlete but now through adaptive sports where she snow skies, waterskies, hand cycles, plays Quad Rugby for Carolina Crash, and plays tennis at Clemson University where she is now attending college. Michelle has embraced life and wants to give back and help others with what she has learned from her experiences. She is also a trauma survivor volunteer helping those that are newly injured to understand that life can still be good and fulfilling and that you still can do everything you used to just differently. She also is actively involved in advocating for adaptive sports and recreation.

In her spare time, Michelle loves to be creative with decorating, refinishing furniture, and crafts. She enjoys spending time with family and friends on the lake and being active. However, most importantly continues to stay positive and wants to help others from what she has learned from a spinal cord injury.