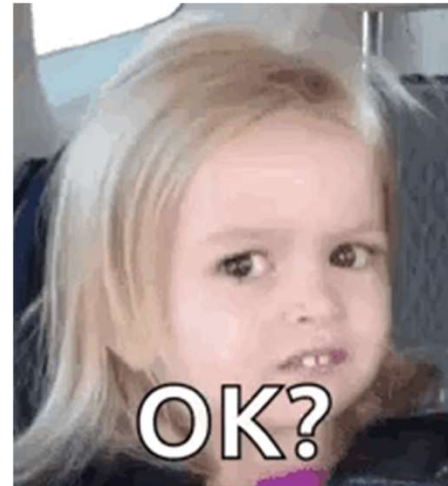


ABA Q&A

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OK'ish Autism Mom

WHAT IS ABA?

Applied Behavior Analysis (ABA) is a scientific and evidence-based approach that applies the principles of learning based upon respondent and operant conditioning to change socially significant behavior.



BUT WHAT IS IT
REALLY THOUGH???

We teach the skills!

Communication skills, self-help skills, social skills, pre-academic skills

We address the barriers!

The stuff that gets in the way of learning and loving life

How?

Through a lot of 1 to 1 fun!

ABA Q&A

"WHY DOES MY KID
ABSOLUTELY NEED ABA? WHY
IS IT THE DOCTOR'S MAIN
RECOMMENDATION?"

"WHAT IS A BCBA AND
RBT?"

"IF MY CHILD GETS ABA FOR 5
HOURS A DAY, THEN HOW OFTEN
SHOULD SHE BE SEEN BY THE
BCBA? IS TWICE A MONTH
ENOUGH?"

"WHAT IS PAIRING? AND WHY DOES
MY ABA THERAPIST KEEP TELLING
ME THEY CAN'T TEACH THEM
THINGS YET BECAUSE THEY ARE NOT
'PAIRED' YET?"

"DO Y'ALL STOP AND BLOCK
THINGS LIKE STEMMING
AND HAND FLAPPING?"

"WHY IS PUNISHMENT
ALWAYS USED IN ABA?"

"WHY IS BRIBERY USED? THEY DO
THE THING AND THEN THEY GET
REWARDED FOR IT, WHEN REALLY
THEY SHOULD JUST DO IT BECAUSE
WE ASKED"

"WHY DO DOCTORS
PRESCRIBE 40 HOURS A WEEK
OF ABA? ISN'T THAT
MUCH?"

"MY CHILD HAS ABA, OT, SPEECH,
AND PT. WHY DO THEY ONLY GET
30MIN OR 1 HOUR OF OTHER
SERVICES, BUT WAY MORE HOURS
OF ABA?"

"MY COUSIN DID ABA AS A CHILD AND HAD SOME BAD EXPERIENCES. AS AN ADULT HE NOW TELLS PEOPLE TO STAY AWAY FROM ABA. CAN YOU EXPLAIN WHY SO MANY ADULTS WHO HAD ABA WHEN THEY WERE YOUNGER ARE TRAUMATIZED BY IT!?!?"

“WHY IS MY KID’S ABA THERAPIST
TEACHING THEM TO ‘BANG HAMMER’
AND ‘TOUCH NOSE’ AND STUFF LIKE
THAT? WHY DOES THAT BENEFIT MY
KID? IT LOOKS LIKE DOG TRAINING.”

"CAN ABA CURE AUTISM?"

And

"CAN ABA GET MY CHILD
TO TALK?"

ANY OTHER
QUESTIONS?



ABA BRINGS THE JOY!