# MANAGEMENT OF EXPOSURE TO THE HIV VIRUS

## **Recommended HIV Post-Exposure Prophylaxis for Percutaneous Injuries**

Exposure Type	HIV+	HIV+	Source's HIV status	Unknown source***	HIV
	Class 1*	Class 2*	unknown**		negative
Less severe****	Recommend basic 2 drug PEP	Recommend expanded 3 drug PEP	Generally, no PEP warranted; however consider basic 2 drug PEP**** for source w/HIV risk factors@	Generally, no PEP warranted; however, consider basic 2 drug PEP in settings where exposure to HIV infected persons is likely	No PEP
More severemm	Recommend expanded 3 drug PEP	Recommend expanded 3 drug PEP	Generally, no PEP warranted; however, consider basic 2 drug PEP**** for source w/HIV risk factors@	Generally, no PEP warranted; however consider basic 2 drug PEP in settings where exposure to HIV infected persons is likely	No PEP

#### **Infection status of source**

\* HIV+ Class 1 = asymptomatic HIV infection or known low viral load (e.g., <1500 RNA copies/ml).

HIV+ Class 2= symptomatic HIV infection, AIDS, acute seroconversion, or known high viral load. If drug resistance is a concern, obtain expert consultation. Initiation of postexposure prophylaxis (PEP) should not be delayed pending expert consultation, and because expert consultation alone cannot substitute for face-to- face counseling, resources should be available to provide immediate evaluation and follow-up care for all exposures.

- **\*\*** Source of unknown HIV status (e.g., deceased source person with no samples available for testing)
- \*\*\* Unknown source (e.g., a needle from a sharps disposal container)
- \*\*\*\* Less severe (e.g., solid needle and superficial injury)
- \*\*\*\*\* The designation "consider PEP" indicates that PEP is optional and should be based on an individualized decision between the exposed person and the treating clinician
- **ω** If PEP is offered and taken and the source is later determined to be HIV- negative, PEP should be discontinued
- **ωω** More severe (e.g., large-bore hollow needle, deep puncture, visible blood on the device, or needle used in patient's artery or vein)

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# **Recommended HIV Post-Exposure Prophylaxis for Mucous**

## Membrane Exposures and Nonintact\* Skin Exposures

Exposure Type	HIV+ Class 1*	HIV+ Class 2*	Source's HIV status unknown****	Unknown source*****	HIV negative
Small volume ***	Consider basic 2 drug PEPo	Recommend basic 2 drug PEP	Generally, no PEP warranted; however consider basic 2 drug PEPδ for source w/HIV Risk factorsooo	Generally, no PEP warranted; however, consider basic 2 drug PEPδ in settings where exposure to HIV infected persons is likely	No PEP
Large volumeoo	Recommend basic 2 drug PEP	Recommend expanded 3 drug PEP	Generally, no PEP warranted; however, consider basic 2 drug PEPδ for source w/HIV risk factors <b>ωω</b>	Generally, no PEP warranted; however consider basic 2 drug PEPδ in settings where exposure to HIV infected persons is likely	No PEP

#### **Infection status of source**

- \* For skin exposures, follow-up is indicated only if there is evidence of compromised skin integrity (e.g., dermatitis, abrasion, or open wound)
- \*\* HIV+ Class 1 = asymptomatic HIV infection or known low viral load (e.g., <1500 RNA copies/ml).

HIV+ Class 2 =symptomatic HIV infection, AIDS, acute seroconversion, or known high viral load. If drug resistance is a concern obtain expert consultation. Initiation of post exposure prophylaxis (PEP) should not be delayed pending expert consultation, and because expert consultation alone cannot substitute for face-to-face counseling, resources should be available to provide immediate evaluation and follow-up care for all exposures.

- \*\*\* small volume (i.e. a few drops)
- \*\*\*\* Source of unknown HIV status (e.g., deceased source person with no samples available for testing)
- \*\*\*\*\* Unknown source (e.g., splash from inappropriately disposed blood)
- The designation, "consider PEP", indicates that PEP is optional and should be based on an individualized decision between the exposed person and the treating clinician
- αω Large volume (i.e., major blood splash)
- 0000 If PEP is offered and taken and the source is later determined to be HIV negative, PEP should be discontinued.

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