

Home Without Staff on the Site Guidance

The decision as to whether or not a person who receives services has the skills to remain home alone should be made by those who know him/her the best, typically the circle of supports.

Examples of circumstances under which a person receiving services may stay home alone might include:

- As a habilitation plan goal in order to develop personal responsibility.
- Housemate may need to be taken to work, doctor, grocery shopping, etc., by staff and person wishes to remain at home.
- Housemates may be going to a movie, out to eat, etc., and the person prefers to stay home.
- Person may not feel well or simply wishes to take a day off from work.
- Weekend staff may need to take a housemate on a home visit and the person wishes to sleep in.

Note: A person's physical disabilities should not be the sole deciding factor in whether they may remain at home alone. For example: a person who has limited use of his/her limbs may be home alone with appropriate supports.

Areas to Consider

Does he/she want to be alone at home? Yes No
Comments: _____

Is he/she afraid to be alone in the house? Yes No
Comments: _____

Does he/she have prior experience with being home alone? (Example: Does he/she stay home alone when on home visits with family?) Yes No

Can he/she deal with unexpected situations in a positive way? Yes No
Comments: _____

If you have a security system, does he/she know how it works? Yes No
Comments: _____

Does he/she know how to use the fire extinguisher? Yes No
Comments: _____

Does he/she know and practice a fire alarm plan? Yes No
Comments: _____

Can he/she administer basic first aid to his/her self? (Example: Know how to care for a small cut/scrape from a fall?) Yes No

Comments: _____

Does he/she know where the first aid kit is? Yes No

Comments: _____

Can he/she dial number to reach staff for help? Yes No

Comments: _____

Can he/she dial 911? Yes No

Comments: _____

Does he/she know when to call 911 vs. support staff? Yes No

Comments: _____

Does he/she know location of flashlight in case of power outage? Yes No

Comments: _____

Can he/she answer the door safely? Yes No

Comments: _____

Can he/she answer the phone safely? Yes No

Comments: _____

Handle sharp objects safely? Yes No

Comments: _____

Operate the switches or controls for heat, light, and water? Yes No

Comments: _____

Understand established ground rules? (Example: cook while home alone? Go out of the home? Invite anyone into the home?, etc.) Yes No

Comments: _____

Follow ground rules? Yes No

Comments: _____